



# The Universities

AT SHADY GROVE

To: USG Staff  
From: Office of Human Resources  
Date: September 26, 2018  
Subject: Open Enrollment Fair for Plan Year 2018

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This year Open Enrollment will occur from October 15, 2018, through November 14, 2018. The annual Open Enrollment Benefits Fair will be held on Tuesday, October 2, 2018, in the Colony Ballroom of the Stamp Student Union from 9:00 am – 2:00 pm.

Free screenings of non-fasting cholesterol (total and HDL), non-fasting blood sugar (glucose), and blood pressure will be offered. The blood sugar and cholesterol screening are conducted via a single finger stick. Results are obtained in 90 seconds, and participants are coached on the results.

For more information, please read the announcement below:



# UNIVERSITY OF MARYLAND

## **Annual Health Benefits Open Enrollment Fair**

Sponsored by University Human Resources

**Tuesday, October 2, 2018, 9:00AM-2:00PM**

**Stamp Student Union, Colony Ballroom**

- ◆ CareFirst BC/BS
- ◆ United Healthcare
- ◆ Kaiser Permanente
- ◆ Delta Dental DHMO
- ◆ United Concordia DPPO
- ◆ CVS - CAREMARK
- ◆ Metropolitan Life Insurance
- ◆ P & A Group (Flexible Spending)
- ◆ UNUM
- ◆ TIAA
- ◆ FIDELITY
- ◆ MSRP /Nationwide
- ◆ College Savings Plan
- ◆ **Blood Pressure, Cholesterol, & Glucose Screenings**
- ◆ **Flu shots** given by the University Health Center from 10:15 am – 2:00pm. Only available to employees who are in the state sponsored CareFirst & United HealthCare plans. You must bring a copy of your insurance card (front & back) along with a copy of your UID card or you can call the Health Center to verify your insurance information at (301) 314-8184
- ◆ **Scavenger Hunt** sponsored by Department of Budget & Management
- ◆ **Wellness Activities 2019** information



**Donate for to the Food Pantry for a chance to win a prize. Most Needed Non-Perishable Items:** Canned Fish or Poultry | Canned Vegetables Canned Beans | Canned Fruit (preferred: in juice/no sugar added) | Dry Pasta or Rice Cereal, Oatmeal, or other non-perishable breakfast items | Pasta Sauce | Peanut Butter Jelly or Jam | Non-Fat Dry or Canned Milk Baby Food or Formula | Cooking Supplies (flour, spices, oils, etc.)

**For more information, please contact:**

**University Human Resources Office of Employee Benefits**

**301-405-5654 | [uhrconnect@umd.edu](mailto:uhrconnect@umd.edu)**

**[uhr.umd.edu](http://uhr.umd.edu)**

**\*Staff will receive one hour of release time**

For any questions or concerns, please contact [OHR](#).