

USG Health & Life Sciences Industry Hub
USG Engineering & Technology Industry Hub
The Center for Counseling & Well-being

Present

Understanding Well-being:

Career Readiness and the Science of Stress

April 9, 2025 | 12:30-4:30 PM

Discussion and insight

- Lunch
- Keynote Discussion
- Breathwork Exercise
- Panel Discussion
- Coffee Networking Reception

Location: Building IV-1201
The Drum & Atrium

Register Now: Limited Seating



Gregory Payne, Ph.D.
Professor, UMD
IBBR



Hadiya Woodham, Ph.D.
Director,
Biological Sciences
USG / UMD



Mike Cukouros
Senior Director,
AstraZeneca



Ritu Salaja-Sharma, MD
Founder
Head, Heart, Hands
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Howard R. Jean
CEO of Black Meta
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Dr. M. Ali Yousef
Assistant Director,
Data Science
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