

# B.S. in Exercise Science

- Personal Training & Wellness Promotion
- Strength & Conditioning
- Clinical Exercise Physiology

Salisbury University's Exercise Science Program at  
The Universities at Shady Grove in Rockville, MD

Learn more about the program:

<https://shadygrove.umd.edu/academics/degree-programs/bs-exercise-science>

## PREPARATION FOR CREDENTIALING EXAMS:

ACSM — Exercise Physiology Certified (EP-C)

NSCA — Certified Strength & Conditioning  
Specialist (CSCS)

## PROGRAM DESCRIPTION:

- Competency-based focus
- Culminating internship experience
- Preparation for multiple credentialing exams
- Exceptional job placement

CAAHEP Accredited • Recognized by the National Strength & Conditioning Association (NSCA)

## ENTRANCE REQUIREMENTS:

Students are accepted every fall semester and may be eligible for the program if they meet the following criteria:

- Earned an associate degree in health fitness or exercise science at Montgomery College or earned an associate degree from any Maryland community college.
- Earned a C or better Anatomy & Physiology I prior to starting program.
- Earned a C or better Anatomy & Physiology II prior to starting program.
- Have the ability to take and transfer in courses equivalent to SU's 200-level exercise science major requirements:
  - EXSC 213: Injury Prevention & Emergency Management
  - EXSC 240: Fitness Testing
  - EXSC 250: Strength Training Techniques & Program Design
  - EXSC 295: Fitness Instruction

SU is an Equal Opportunity/AA/Title IX university and provides reasonable accommodation given sufficient notice to the University office or staff sponsoring the event or program. For more information regarding SU's policies and procedures, please visit [www.salisbury.edu/equity](http://www.salisbury.edu/equity).

## Successful Graduates!

Earn your degree and get certified  
Jump-start your career



## For Information:

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